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Recurrent Pregnancy Loss

Miscarriage is the loss of a pregnancy before 20 weeks gestation. Studies show that at least 25% of all women will experience at least one miscarriage.

Recurrent pregnancy loss is typically defined as 3 or more miscarriages, and as many as 5% of couples will experience recurrent pregnancy loss. The risk of miscarriage increases with the woman's age, so women over the age of 35 with 2 miscarriages, may need an evaluation.

Risk Factors and Causes of Miscarriage:

Some causes of miscarriage include chromosomal or genetic abnormalities, uterine abnormalities, hormone imbalances such as thyroid disease and diabetes, blood clotting disorders, and environmental factors.

Several risk factors, such as advanced maternal age, poor egg quality, and chronic disease have been identified, but a cause of miscarriage is often not identified.

What Pacific Northwest Fertility can do:

We offer a thorough evaluation and consultation with one of our physicians that specializes in recurrent pregnancy loss.

We provide testing specific to your needs including:

- 1) uterine cavity evaluation
- 2) genetic testing
- 3) hormonal testing
- 4) blood disorder and immune system testing

We offer appropriate and safe treatment options:

Appropriate treatment for recurrent pregnancy loss ranges from little intervention to medication to prevent blood clots and preimplantation genetic diagnosis. There are many different options and each couple is unique.

We provide the evaluation, counseling, and treatments that are best for each couple.

Most importantly, we offer hope. Even after 3 miscarriages, a couple has 60-70% chance of having a healthy baby with the next pregnancy. We will provide the evaluation and treatment that is best for you.